



4-H FOOD & NUTRITION PROJECT JUDGING SHEET

Name: _____ Age as of Jan. 1: _____

4-H Club: _____

Project Name: _____ Project #: _____

Description of Display: _____

Areas of Evaluation	Points Given	Comments
A. <u>Project Knowledge/Book - 65 points</u> <ul style="list-style-type: none">• Demonstrates knowledge of project• Demonstrates skills learned through project activities• Knowledgeable about food safety• Knowledgeable about food preparation• Brought or showed project book		
B. <u>Food Sample - 10 points</u> <ul style="list-style-type: none">• Show a sample of a food item you prepared from one of the recipes in 4-H Project Book		
C. <u>Table Setting - 10 points</u> <ul style="list-style-type: none">• Show a single table setting set correctly for the meal in which the sample food was prepared• Well coordinated and suitable		
D. <u>Recipe - 5 points</u> <ul style="list-style-type: none">• Show complete recipe for prepared food• Recipe nicely presented		
E. <u>Attitude/Appearance – 10 points</u> <ul style="list-style-type: none">• Shows interest in project• Shows ability to communicate project knowledge• Has good attitude and sportsmanship• 4-H'er is neat in appearance		
Maximum Points = 100	Total Points	

Judge's Use Only

Rating System: Superior: 100 - 81 points
Excellent: 71 - 80 Points

Good: 70 points and less

Project Rating: Superior Excellent Good