Caregiver Support Network:
Resilience Building and Resource Sharing

We’re kicking off the Caregiver Support Network series with a dialogue about caregiver burnout, telemedicine, useful gadgets and technology

Saturday February 22, 2020
12:30 Check-in and visit exhibitor tables
1 – 4 P.M. Workshop sessions
4 – 4:15 Wrap-up and attendee feedback

Locations: Columbus, Akron, Athens, Caldwell, Fremont, Lebanon and Ottawa

Individual attendee: $10
Exhibitor tables: $20 see website for details
Contact information: Laura Akgerman, 614-292-0622, Akgerman.4@osu.edu
Need more information? https://u.osu.edu/caregiver/workshop/

Who should attend?
• Family members caring for an adult or senior with chronic illness or disability.
• Adult children concerned about aging parents.
• Parents caring for adult children with disabilities.
• Long term care workers: assisted living facility, adult family home or home care agency staff.
• Social service, adult day service or mental health professionals who work with family caregivers.

Learn more about
• Caregiver self-care, managing burnout
• Stress and mental health
• Helpful gadgets, tools and technology
• Telemedicine
• Connecting to state and local resources

All sites will connect electronically and have on-site facilitators

Registration opens January 15

The Caregiver Support Network is a collaboration between Ohio AgrAbility, OSU Extension, Ohio State University College of Nursing Martha S. Pitzer Center for Women, Children and Youth, and Ohio Department of Developmental Disabilities